



創於 1913 年
Founded in 1913

香港華人會計師公會 The Society of Chinese Accountants & Auditors

(在香港註冊成立之有限公司)

(Incorporated in Hong Kong as a company limited by guarantee)

Dear Members 致各位會員:



Topic 講題:	探討肌少症
Speaker: 講師:	Dennis Chan AlphaStep Fitness Foundry Founder Timmy Fan Senior Coach - specialist in elderly and kid fitness development
Highlights: 活動內容:	講解肌少症 (Sarcopenia) 的成因及所引起的健康問題，並提供解決方法及示範基本訓練。
Date/Time: 日期及時間:	29 November 2024 (Friday) / 12:30 pm – 2:00 pm 2024 年 11 月 29 日 (星期五) 下午 12:30 至 2:00
Venue: 地點:	Lingnan Club (13/F, On Lok Yuen Building, 25-27A Des Voeux Road, Central) 中環嶺南會所 (中環德輔道中 25-27A 號安樂園大廈 13 樓)
Language: 語言:	Cantonese 廣東話
Fee: 費用:	HK\$130 for each SCAA Members / Affiliates / Student Affiliates 每位港幣 130 元正 (只限華師正式會員 / 附屬會員 / 學生會員)
Enrolment: 報名方法:	Please click HERE to enroll. 請 按此 報名。

Should you have any enquiries, please feel free to contact the Secretariat at Tel: (852) 2869-6680 or email to info@scaacpa.org.hk. 如有任何查詢請與本會秘書處聯絡，電話：(852) 2869-6680 或 電郵：info@scaacpa.org.hk。



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Enrolment for this luncheon is on the first-come-first-served basis. Each enrollee will be notified via EMAIL for the result of enrolment before the luncheon. 午餐例會以先到先得形式接受報名，成功報名者將獲本會以電郵通知。

Yours faithfully 此致

Kwok Chi Shing, Wilson 郭志成

Luncheon Committee Chairman 午餐例會主席

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