



創於 1913 年
Founded in 1913

香港華人會計師公會 The Society of Chinese Accountants & Auditors

(在香港註冊成立之有限公司)

(Incorporated in Hong Kong as a company limited by guarantee)

Sports and Health 運動與健康

講者：Ms Icy NG

2022年7月29日 (星期五)



Sports and Health 運動與健康 (Course Code 課程編號: 2122)

Highlights:
課程重點:

- Connect with lifestyle

Speaker:
講者:

Ms Icy Ng

Ms Icy Ng is a fitness coach and stretching coach. She got three years of experience in teaching sport and Health. She has been HKTV's show to teach "home exercise" for 20 times, which is a meaningful issue of her career. She is now a freelance coach of difference centre. She wants to share her options of health to more people.

Chairman:
主持人:

Mr. Wilson Kwok

Chairman of SCAA Training Committee

Dates:
日期:

29 July 2022 (Friday)
2022年7月29日 (星期五)

Time:
時間:

7:00 pm – 8:00 pm
晚上 7:00 – 8:00

Format:
形式:

Hybrid seminar 混合形式研討會 (A/B)

- A. Face-to-face seminar 實體研討會
Capacity: 30 participants 名額：30 人
(A negative COVID-19 test results required for physical event attendees)
(實體研討會的參加者需提供活動當日的 COVID-19 快速測試陰性結果證明)
- B. Webinar (Live via zoom) 網路研討會 (zoom 直播)

Venue:
場地:

SCAA Premises (6/F, 88 Lockhart Road, Wanchai, Hong Kong)
香港華人會計師公會 (香港灣仔駱克道 88 號 6 樓)

Language:
語言:

Cantonese
廣東話

Fee:
費用:

Free for SCAA member/ affiliate/ member's staff/ student affiliate
免費 (只限華師正式會員/ 附屬會員/ 正式會員之僱員/ 學生會員)



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Enrolment: 報名:

- A. 如欲參與**實體形式**研討會，請**按此**報名。
If you would like to join the seminar through **physical mode**, please click **HERE** to enroll.
- B. 如欲參與**網絡形式**研討會，請**按此**報名。
If you would like to join the seminar through **online mode**, please click **HERE** to enroll.

**Online application is on a first-come, first-served basis. No seat can be reserved through telephone.

**研討會以先到先得形式於網上報名，本會不設電話留位。

Remarks: 備註:

To attend the physical seminar, participants must undergo COVID-19 rapid antigen test on the event day. Please send a proof of negative COVID-19 test result to training@scaacpa.org.hk on the event day.

參加者如選擇參與**實體形式**研討會，請於研討會當日進行 2019 冠狀病毒快速測試，並將陰性結果證明電郵至 training@scaacpa.org.hk。

The link to the zoom webinar will be sent to registered participants via email prior to the webinar.

研討會的 zoom 連結將於課程舉行前發送至參加者的登記電郵地址。

Bad weather arrangement

This event may be cancelled or re-scheduled when typhoon no.8 or black rainstorm warning is hoisted. Please refer to our website www.scaacpa.org.hk for the arrangement.

惡劣天氣安排

八號風球或黑色暴雨警告信號生效時，課程將會延期舉行或取消。詳情請留意華師網站 www.scaacpa.org.hk 公佈。

Enquiry: 查詢:

SCAA Secretariat 華師秘書處
Tel 電話: 2869 6003
Email 電郵: training@scaacpa.org.hk
Facebook: www.facebook.com/scaacpa



Awarded by The Hong Kong Council of Social Service
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